



Being face to face helps your child ...

- Know that you are paying attention and are interested in what he/she has to “say”
- Establish and maintain eye contact, an important part of communication
- Learn to focus on the same thing as you
- See how you say different sounds and words

Being face to face helps you ...

- Notice what your child is looking at, which is a clue to what they are interested in
- Observe your child’s facial expressions – so that you know when to stop, when to change activities, and when to keep playing

How do I get face to face?

- Get down to your child’s physical level (e.g., sitting on small chairs, lying on the floor, raising your child up, etc.)
- Move as your child moves to maintain face to face contact
- Hold motivating objects (i.e., favourite toys/food) beside your cheek to encourage your child to look at your eyes and mouth